NEW STUDENT HANDBOOK



The mission of Civic Memorial High School is to cultivate high levels of learning in an environment of mutual respect to prepare all students for post-secondary readiness in a diverse society.







Freshman Orientation Guidebook

Dr. Jill Griffin, Superintendent Mr. Justin Newell, Principal Mrs. Shelby Norris Assistant Pr

Mrs. Shelby Norris Assistant Principal

Mr. Todd Hannaford, Assistant Principal/A.D.

Mr. Derek Jarman, Assistant Principal

"EaglesRISE #PoundTheStone #GoEagles GO EAGLES!

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Important Numbers:

CMHS Main Office - 377-7230 Bus Garage - 259-2549

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Follow us on Instagram

newelljustin

Civic Memorial High School Website

https://civicmemorial.bethalto.org/

CIVIC MEMORIAL HIGH SCHOOL UPDATES



Opt-In from your mobile phone now!

Just send "Y" or "Yes" to 67587



STAY CONNECTED!

SCHOOL COUNSELING DEPARTMENT UPDATES





Civic Memorial High School Tentative Calendar 2023-2024

July 28 Registration Deadline for 8/26/23 SAT (www.collegeboard.org)

August 4 Registration Deadline for 9/9/23 ACT (www.actstudent.org)

August 11 Freshman Student Orientation
August 14 Freshman Parent Meeting at 6:30 p.m.
August 16 First Day of Student Attendance

August 18 School Pictures

August 23 Early Dismissal - PLC Day

August 24 CMHS Open House & Meet the Teachers – 5:30 p.m. – 6:30 p.m.

August 25 Club Fair

August 26 SAT (not at C.M.)

September 4 No School - Labor Day September 6 Early Dismissal - PLC Day

September 8 Registration Deadline for 10/7/23 SAT (www.collegeboard.org)

September 9 ACT at C.M. at 8:00 a.m. (doors open at 7:45 a.m.)

September 11 Remembering 9/11 Day

September 15 Midterms

September 20 Early Dismissal - PLC Day

September 22 Early Dismissal - Professional Development Day - C.M. dismisses at 11:30

September 22 Registration Deadline for 10/28/23 ACT (www.actstudent.org)

September 22 Homecoming Parade and Football Game September 23 Homecoming Coronation and Dance

September 28 Jostens meeting with Sophomores about class rings at 8:00 a.m.
September 28 Jostens meeting with Seniors about graduation supplies at 9:00 a.m.

September 29 Picture Retakes

October 3 Parent/Teacher Conferences from 2:30 – 6:30 p.m.

October 5 Jostens taking class ring & graduation supply orders during lunch and 2:30-4:00

October 5 Parent/Teacher Conferences from 2:30 – 6:30 p.m.
October 6 No School - Professional Development Day

October 7 SAT (not at C.M.)

October 7 Registration Deadline for 11/4/23 SAT (www.collegeboard.org)

October 9 No School – Columbus Day October 11 Early Dismissal - PLC Day

October 19 C.M. & Trimpe Choir & Band Fall Concert in Main Gym at 6:00 p.m.

October 20 End of 1st Quarter

October 20 Early Dismissal - Professional Development Day - C.M. dismisses at 11:30

October 20 ASVAB Test at 11:45 a.m.
October 25 PSAT/NMSQT Test
October 25 Early Dismissal - PLC Day

October 26 Health Careers Blood Drive – 8:00 a.m. – 6:00 p.m. October 28 ACT at C.M. at 8:00 a.m. (doors open at 7:45 a.m.)

November 1 Early Dismissal - PLC Day

November 3 Registration Deadline for 12/2/23 SAT (www.collegeboard.org November 3 Registration Deadline for 12/9/23 ACT (www.actstudent.org)

November 4 SAT (not at C.M.)

November 4 & 5 Junior Class Deck the Halls Craft & Vendor Fair

November 6 Fall Sports Awards at 6:30 p.m. November 9 Red, White & Blue Day

November 10 No School - Veteran's Day (observed)

November 10 Fall Play at 7:00 p.m. November 11 Fall Play at 7:00 p.m. November 15 Early Dismissal - PLC Day

November 17 Midterms

November 21 Cornucopia of Talent Assembly
November 22 - 24 No School - Thanksgiving Break
November 28 Fall NHS Inductions (Seniors)
November 29 Early Dismissal - PLC Day

December 2 SAT (not at C.M.)

December 6 Early Dismissal - PLC Day

December 9 ACT at C.M. at 8:00 a.m. (doors open at 7:45 a.m.)

December 14 C.M. Band and Choir Christmas Concert in Main Gym at 7:00 p.m. First Semester Final Exams (Early dismissal days with times to be determined.)

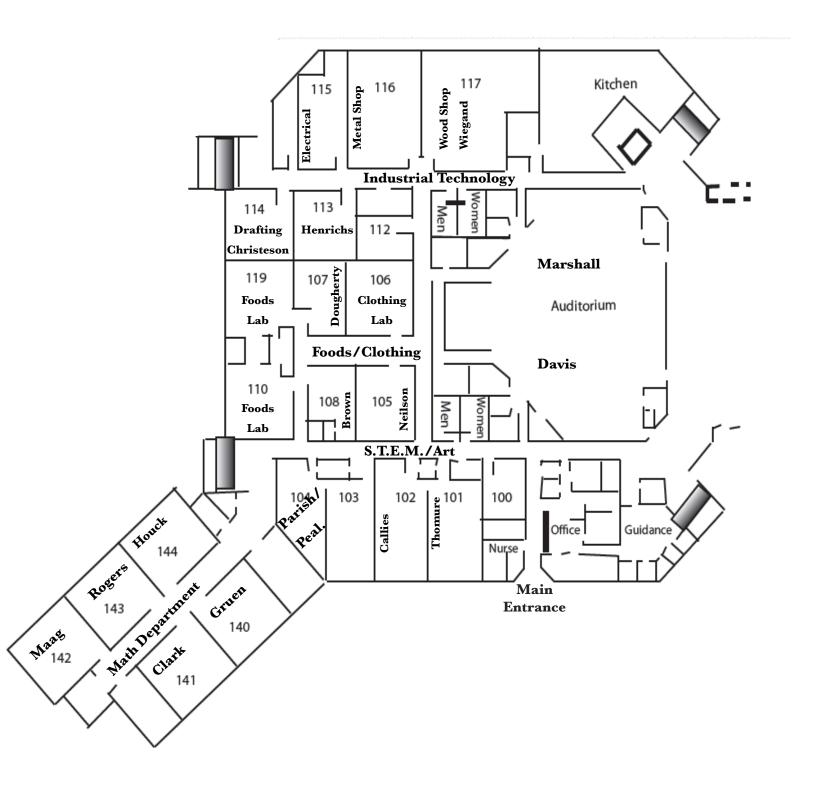
December 20 End of First Semester

December 21 – January 3 No School - Christmas Vacation

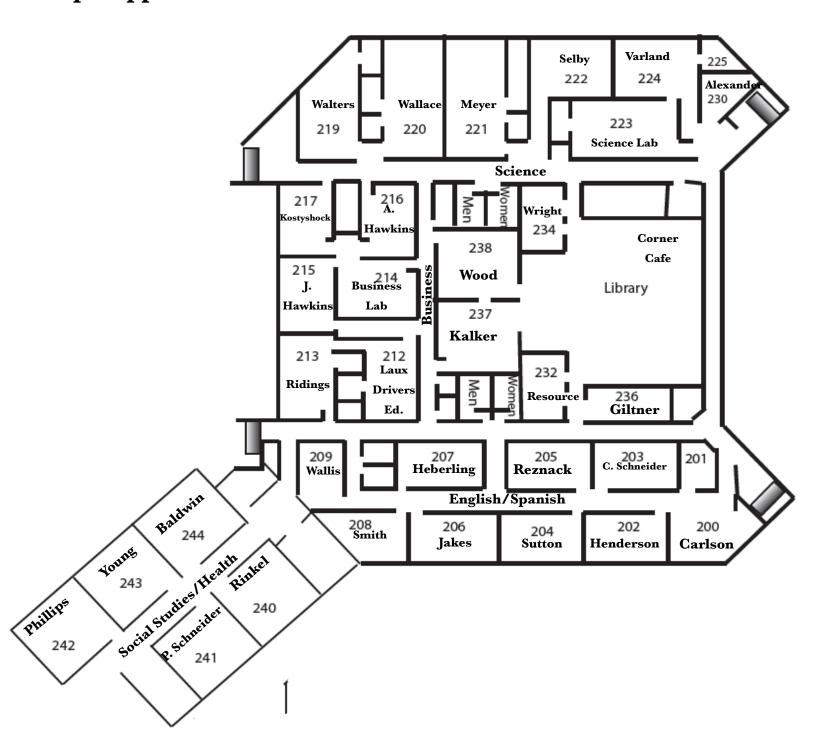
First Day of 2nd Semester - Classes Resume January 4 Registration Deadline for 2/10/24 ACT (www.actstudent.org) January 5 January 10 Early Dismissal - PLC Day January 15 No School - Martin Luther King, Jr. Day January 24 Early Dismissal - PLC Day February 2 Midterms February 7 Early Dismissal - PLC Day February 7 Student Course Fair (Grades 9-11) Parent Information Night (Topic: Course & Career Fair/Registration) February 8 Current High School 5:30 – 6:00 p.m. Incoming Freshmen 6:00 – 6:30 p.m. February 9 Student Course Fair (8th Grade) February 10 ACT (not at C.M.) February 15 Early Dismissal (C.M. Dismisses at 11:30) February 15 Parent/Teacher Conferences from 3:00 p.m. - 6:30 p.m. February 15 FAFSA Completion Night (Session 1 - 4:00-5:00 and Session 2 is 5:00-6:00) February 16 No School - Professional Development Day February 19 No School - President's Day February 21 Early Dismissal - PLC Day February 23 Registration Deadline for 3/9/24 SAT (www.collegeboard.org) February 24 Twirp Dance from 7:00 p.m. – 9:00 p.m. February 29 C.M. Band & Choir Winter Showcase in Auditorium at 6:30 p.m. March 4 Winter Sports Awards at 6:30 p.m. March 6 Early Dismissal - PLC Day March 6 Honor Society Inductions at 7:00 p.m. March 8 End of 3rd Quarter March 8 Early Dismissal - Professional Development Day - C.M. dismisses at 11:30 March 8 Registration Deadline for 4/13/24 ACT (www.actstudent.org) March 9 SAT (not at C.M.) March 14 Pi Dav March 15 Spring Musical at 7:00 p.m. March 16 Spring Musical at 7:00 p.m. March 20 Early Dismissal - PLC Day March 20 Illinois Science Assessment Testing (11th Grade) March 25 Spring Musical at 2:00 p.m. March 25 - April 1 No School – Spring Break April 1 2024-2025 C.M. Schedule Change Deadline April 3 Early Dismissal - PLC Day April 13 ACT (not at C.M.) April 17 Early Dismissal - PLC Day April 10 SAT/PSAT10/PSAT9 Test Day - Free Mandatory State Administered Test at C.M April 19 April 19 Registration Deadline for 5/4/24 SAT (www.collegeboard.org) April 20 Prom at LCCC from 6:00 p.m. - 9:00 p.m. May 1 Early Dismissal - PLC Day May 3 **ASVAB & Accuplacer Testing** May 3 Early Dismissal - Professional Development Day - C.M. dismisses at 11:30 May 4 SAT (not at C.M.) May 3 Registration Deadline for 6/8/24 ACT (www.actstudent.org) May 5 Baccalaureate at 3:00 p.m. C.M. & Trimpe Spring Band Concert in Main Gym at 6:00 p.m. May 7 Senior Celebration at 2:30 p.m. May 9 May 9 C.M. & Trimpe Spring Choir Concert at 6:00 p.m. May 15 Early Dismissal - PLC Day May 17 Registration Deadline for 6/1/24 SAT (www.collegeboard.org) May 18 Class of 2024 Commencement Ceremony May 20, 21 & 22 Final Exams for Underclassmen (Actual dates determined by make-up days needed. Final Exam days will be early dismissal days with times to be determined.) May 22 Last Scheduled Day of School (Actual date determined by make-up days needed.) May 23, 24, 28, 29, 30, 31 Possible Make-Up Days SAT (not at C.M.) Iune 1 Registration Deadline for 7/13/24 ACT (www.actstudent.org) June 7 June 8 ACT (not at C.M.) July 13 ACT (not at C.M.)

All Dates & Times Subject to Change. Every Friday is School Spirit Day.

Map - Lower Level



Map - Upper Level



Stop #	Location	Key Points
1	Main Office	Who? - Justin Newell, Principal - Shelby Norris, Assistant Principal - Todd Hannaford, Assistant Principal/A.D Derek Jarman, Assistant Principal - Ann Payne, Attendance Secretary - Karen Piltz, Discipline Secretary - Jacob Book, I.S.S. Monitor Why go there? - General questions - Pick up homework - Call home - Late to school (pass to class) - Detention Information - Serve detention/I.S.S Sign-in and sign-out (safety concerns) - 3 ways to leave school • Principal/Assistant Principal • Nurse • Doctor's Appointment
2	Nurse	Who? - Nurse Cheri Whitman Why go there? - Ill, with pass from teacher - Vision and hearing screenings - Medical questions, with pass - Physical form questions
3	Athletic Office	 Who? Todd Hannaford, Athletic Director Megan Govero, Athletic Secretary Why go there? Turn in sport physicals Find out information about sports Schedules
4	School Counseling Office	Who? - Anita Steinmann, School Counselor (A-G) - Emily Kisro, School Counselor (P-Z) - Chelsea Zelasko, School Counselor (H-O) - Katie Wooldridge, School Social Worker - Julie Baker, School Psychologist - Trisha Diveley, Registrar Why go there? - Schedule, college and career guidance - Social and emotional health issues - School safety concerns

Stop #	Location	Key Points
5	Main Gym, Aux Gym, and Weight Room	Who? -Ty Laux, Physical Education/Health Department Head -Jared Reynolds, Teacher -Angie Parish, Teacher -Jacob Peal, Teacher -Mike Parmentier, Teacher Why go there? - P.E Athletics
6	Auditorium	Who? - Lynda Marshall, Choir Director - Michaela Davis, Band Director Why go there? - Choir - Drama - Band - Play - Musical
7	West Entrance	Why go there? - Bus Pickup
8	East Entrance	Why go there? - Morning drop off/pickup
9	Lower East Hallway	Who? - Shawn Callies, Teacher - Chloe Thomure, Teacher Why go there? - Art Classes - Health and Medical Occupations Classes
10	Lower East Hallway Extension	Who? - Brittney Clark, Math Department Head - Brad Gruen, Teacher - Darrin Houck, Teacher - Clarissa Maag, Teacher - Michelle Rogers, Teacher Why go there? - Math Classes

Stop #	Location	Key Points
11	Lower Middle Hallway	Who? - Joan Dougherty, Teacher - Charlie Brown, Teacher - Angie Neilson, Teacher Why go there? - Foods - Clothing
12	Lower West Hallway	 Who? - Jeremy Christeson, Teacher - Greg Wiegand, Teacher - Megan Henrichs, Teacher Why go there? - Woods - Drafting - Metals - Electric
13	Upper West Hallway	 Who? Heather Wallace, Science Department Head Camille Alexander, ESL/Intervention Teacher Alyssa Kostyshock, Teacher Lucas Meyer, Teacher Halstead Selby, Teacher Rachael Varland, Intervention Teacher Clint Walters, Teacher Why go there? Science Intervention Special Education
14	Media Center	Who? - Tammy Mellenthin, Library Aide - Krystal Giltner, Teacher - Christine Wright, Teacher Why go there? - Check out books - Work on projects - Help locating resources - Resource Room - Corner Café

Stop #	Location	Key Points
15	Upper Middle Hallway	Why go there? - Jerilyn Hawkins, Career Technical Education Department Head - Amy Hawkins, Teacher - Brett Kalker, Teacher - Angela Wood, Teacher Why go there? - Business - English, Speech, Radio, Mass Comm., Debate - S.T.E.P CO-OP
16	Upper East Hallway	Who? - Brianne Jakes, English/Foreign Language Department Head - Jacob Carlson, Teacher - Angie Heberling, Teacher - Renee Reznack, Teacher - Dolores Smith, Teacher - Caroline Schneider, Teacher - McKenzie Sutton, Teacher - Ashley Wallis, Teacher Why go there? - English - Foreign Language
17	Upper East Hallway Extension	 Who? Charles Baldwin, Social Studies Department Head Phillip Schneider, Teacher Bradley Phillips, Teacher Jennifer Rinkel, Teacher Chad Young, Teacher Why go there? Social Studies Math

WE ARE CIVIC

MISSION STATEMENT

The mission of Civic Memorial High School is to cultivate high levels of learning in an environment of mutual respect to prepare all students for post-secondary readiness in a diverse society.

VISION STATEMENT

Civic Memorial will become a Blue Ribbon school of excellence by creating a student-centered environment that sets high goals for every student.

COLLECTIVE COMMITMENTS

- High Expectations: We will hold all students to high academic and behavioral expectations.
- Using Data: We will use evidence of student learning to inform and improve our practices and to better meet the needs of individual students.
- Teamwork: We commit to working as a team to help all our students be successful.
- Environment: We will provide a safe and comfortable environment for all students.
- Relationships: We commit to building relationships with staff, students, families, and community members.
- Respect: We commit to treat every student with compassion and respect.
- Collaboration: We commit to making collaborative improvements in our curriculum and lessons.

SCHOOLWIDE GOALS

- Goal #1: Each PLT will identify the essential standards as related to their course.
- Goal #2: Each PLT will identify our 3 major strengths and 3 major challenges from the PSAT/SAT and implement strategies to address them.
- Goal #3: Teachers will make a <u>connected-contact</u> with all students who are at-risk
 of failing for the quarter due to academic or behavioral reasons.

Administration

Mr. Justin Newell, Principal jnewell@bethalto.org

Mrs. Shelby Norris, Assistant Principal (A-K) snorris@bethalto.org

Mr. Todd Hannaford, Assistant Principal/Athletic Director (L-Z) thannaford@bethalto.org

Mrs. Derek Jarman, Dean of Students djarman@bethalto.org

Main Office Staff

Mrs. Megan Govero, Athletic Secretary Mrs. Ann Payne, Attendance Secretary Ms. Karen Piltz, Discipline Secretary Mrs. Cheri Whitman, School Nurse

Career Technical Education

Mrs. Jerilyn Hawkins, Department Head

Mr. Charlie Brown

Mr. Jeremy Christeson

Mr. Amy Hawkins

Mrs. Angie Neilson

Mr. Greg Wiegand

English/Foreign Language Department

Mrs. Brianne Jakes, Department Head

Mr. Jacob Carlson

Mrs. Lynda Henderson

Mr. Brett Kalker

Ms. Baylee Ridings

Ms. Caroline Schneider

Ms. Makenzie Sutton

Ms. Dolores Smith

Mrs. Angela Wood

Fine Arts

Mr. Shawn Callies, Department Head

Ms. Michaela Davis

Mrs. Lynda Marshall

Ms. Chloe Rudloff

Math

Mrs. Brittney Clark, Department Head

Mr. Brad Gruen

Mr. Darrin Houck

Mrs. Clarissa Maag

Mr. Bradley Phillips

Ms. Michelle Rogers

Intervention

Ms. Camille Alexander

Ms. Rachael Varland

School Counseling Office

Mrs. Trisha Diveley, Registrar

Ms. Katie Wooldridge, School Social Worker

Mrs. Julie Baker, School Psychologist

Mrs. Anita Steinmann, School Counselor (A-G)

Mrs. Emily Kisro, School Counselor (P-Z)

Mrs. Chelsea Zelasko, School Counselor (H-O)

Physical Education/Health

Mr. Ty Laux, Department Head

Ms. Angie Parish

Mr. Mike Parmentier

Mr. Jacob Peal

Mr. Jared Reynolds

Science

Mrs. Heather Wallace, Department Head

Mr. Lucas Meyer

Mr. Halstead Selby

Mr. Clint Walters

Social Studies

Mr. Charles Baldwin, Department Head

Mrs. Jennifer Rinkel

Mr. Phillip Schneider

Mr. Chad Young

Special Education

Mrs. Renee Reznack, Department Head

Mrs. Joan Dougherty

Mrs. Jessica Eddy (MGC)

Mrs. Krystal Giltner

Ms. Angie Heberling

Ms. Megan Henrichs

Ms. Alyssa Kostyshock

Mrs. Dawn Sumpter (MGC)

Mrs. Renee Reznack

Mrs. Mary Walker (MGC)

Mrs. Ashley Wallis

Mrs. Christine Wright

2023/24 Bell Schedule

202	23/24 Bell S	chedule	
Period	Times		
Announcements	7:26 - 7:30	PLC Day	Times
1st Period	7:30 - 8:18	1st Period	7:30 - 8:08
2nd Period	8:22 - 9:10	2nd Period	8:12 - 8:47
3rd Period	9:14 - 10:02	3rd Period	8:51 - 9:26
4th Period	10:06 - 10:54	Study Hall	9:30 - 10:00
5th Period	10:54 - 12:16	4th Period	10:04 - 10:39
Lunch A 10:54 - 11:24	Class A 10:58 - 11:46	5th Period	10:43 - 11:18
Lunch B 11:46 - 12:16	Class B 11:28 - 12:16	6th Period	11:22 - 11:57
6th Period	12:20 - 1:08	7th Period	12:01 - 12:36
7th Period	1:12 - 2:00		Go-Lunch 6 - 1:00
	POUND THE ST		

Important Information

Bringing In Items For Your Child - If your student knows you are bringing an item, it is his/her responsibility to come to the office between classes to pick up this item. This is to avoid calling into a teacher's classroom and interrupting. Of course, we realize that there will be instances where this cannot be avoided.

I.D. Badges - Students are required to have an ID attached to their backpacks. Plus, ID's are required to purchase a breakfast or lunch. If your child forgets his/her ID, they must buy a Temporary ID in the office. Temporary ID's cost \$1.00 each. If your child needs to purchase a new ID, the cost is \$5.00 each. If your child is unable to pay for his/her ID or Temporary ID, the charge will be put on his/her account, and he/she will be required to pay at a later date.

School Fees Owed - All unpaid school fees (Registration Fees, Drivers Education Fees, Industrial Art Fees, ID's, etc.) will stay on your child's account and could keep your child from buying parking permits, homecoming tickets, prom tickets, attending field trips, etc. Seniors who owe money will not receive their diplomas until all of their school fees are paid in full.

Proper Attire - Please have a conversation with your child about the proper way to dress for school. Revealing clothes, inappropriate messages on clothing, inappropriate pictures, and other forms of attire that are not proper for school wear are not allowed. Please emphasize to your child that he/she will be required to change clothes if he/she is not wearing acceptable clothing and consequences will be assigned.

<u>Closed Campus</u> - Since CMHS is a closed campus, once students arrive at school in the morning, they cannot leave until school is dismissed in the afternoon. Students who drive to school will leave their cars parked in the lot from the time they arrive until dismissal and will not be allowed to go to their cars during the day. Only students who have verification of appointments or who are in the work program may leave during the day.

Attendance Information - If it is necessary for your student to miss part of a day, please keep the following in mind. For purposes of determining daily attendance, which is the basis of a large part of school funding, the state has the following guidelines:

- A student may be considered present all day if he/she misses 51 minutes or less of the school day.
- If a student misses 51 to 149 minutes he/she is considered to be absent half a day. More than 149 minutes is considered a full day.
- Attendance awards will be earned by students who miss no time and have zero tardies.
- Personal illness, mental/behavioral health, serious illness in the family, or other circumstances making attendance or punctuality extremely difficult will be the only legitimate excuse for absences or tardiness.
- If a parent calls on the day of the absence, it is not necessary for the student to bring a written excuse. If a parent does not call on the day of the absence, a note from the parent detailing the reason for the absence is required. This note must be presented when the student returns. *An absence that has not been excused five (5) days after a student returns will remain classified as unexcused.*
- If you know that your student must leave during the day for an appointment, please send a note with your child in the morning so he/she can get a pass and we don't have to interrupt the classroom. Students must have a pass to get out of class.
- If students feel ill during the school day they are to go to the nurse and she will notify the parents. Students are not to use their cell phones to call their parents. If students must leave during the day, they must sign out in the main office. Leaving without permission will constitute truancy.
- Once a student has missed FIVE (5) days of school in a given semester, all other absences after the fifth day will require a written physician's excuse for the absence to be excused.

<u>Tardies</u> - Repeated incidents of tardiness (more than 2 per quarter) will result in the student being issued a lunch detention. Continued infractions may result in other discipline being issued.

Consequences - The following consequences may be used for minor and major infractions.

- **Detention** Detentions are a 30 minute consequence for minor infractions. Detentions can be served 30 minutes before and 30 minutes after school. Students have until the Friday of the following week to serve them. Unserved detentions will become a Friday Nigh School.
- **In-School Supervision** Students may be assigned to an in-school supervision when they fail to meet detention obligations and/or in other circumstances when it has been determined that temporary removal from the class is an appropriate consequence for an infraction of rules. In-school supervision is not an elective alternative when a student has been guilty of serious infractions including but not limited to smoking on campus, fighting, gross misconduct or insubordination.
- **Friday Night School** Is a consequence used for both minor and major consequences. Friday Night School will begin at 2:30 p.m. and students will be dismissed at 5:15 p.m. e.g. unserved detentions, tardies, and insubordination. It is the student's responsibility to reschedule their Friday Night School if they miss the assigned time. Students will be unable to attend assemblies, attend dances, purchase parking permits and etc. until the Friday Nigh School is served off.
- **O.S.S.** Exclusion of students for a period not to exceed ten school days for major infractions. e.g. fighting, tobacco use, vulgar language. Students may complete school work and assessments. All assignments must be submitted the day the student returns to school.
 - **STOP:** Students who are issued multiple day out-of-school suspensions (OSS), will attend the STOP Program, located within the CEO building in Troy, IL, during their suspension. STOP provides students with an opportunity to complete their assigned coursework, as well as, a reflection period to allow them to think about making better choices in the future. Students will be transported to the STOP classroom by bus. Teachers will send work for students to complete for full credit. Students that refuse to attend STOP will not be given credit for work assigned during their OSS. For more information about STOP, please visit http://civicmemorial.bethalto.org/stop.html
- **Expulsion -** Gross misconduct that requires consequences beyond 10 days and require action by the Board of Education. e.g. alcohol, drugs and weapons.

Social Probation:

Students may be denied the privilege of attending assemblies, dances, athletic and other events if any of the following apply:

- More than 5 unexcused absences
- Failing grades in 2 or more classes
- 12, or more, discipline points

Discipline points will be calculated by the following system:

- Lunch or Before/After-school Detention 1 Point
- Friday Night School 2 Points
- ISS 3 Points
- STOP 4 Points
- OSS 5 Points

School Tutoring - Tutoring is available Monday - Thursday in the CMHS library from 2:00 pm - 2:50 pm.

Graduation Requirements - Students will have the opportunity to earn 7 credits per year. The Class of 2027 will need 24.5 credits to graduate.

4 English - 2 Social Studies - 3 Math - 2 Science - 4 P.E. - 0.5 Health - 0.5 Resource Management - Electives

Schedule Changes - Student and parent initiated schedule changes must be requested **prior to April 1st.**

School Supplies - Teachers will give students a list of any necessary school supplies during the first week of classes. The following school supplies are recommended.

- Pencils - Pens - Paper - Folders for each class - Colored Pencils - Calculator (TI 83 or TI 84)

<u>Semester Exams</u> - Final semester examinations are an integral part of the education process at Civic Memorial High School, and all students are required to take final exam in each subject area. Final exams will determine 20% of the student's semester grade. Medical documentation may be required of students who miss final exams for reasons of illness.

Report Cards - Report Cards are emailed home at the end of each quarter. Please check your student's grades on PowerSchool weekly. If you have grade questions, reach out to the classroom teacher.

<u>Cafeteria</u> - School meals offer students milk, fruits and vegetables, proteins and grains, and they must meet strict limits on saturated fat and portion size.

- Breakfast is \$1.70
- Lunch is \$2.90

<u>Cell Phones</u> - Cell Phones, Electronic Signaling Devices, Laser Pointers, and Any Device With Camera Capabilities, and musical listening devices (including earbuds/headphones)

• Cell phone usage is only permitted in the commons before school, in the commons during lunch, and after school. Earbuds/headphones should only be in use, or visible, in the commons before school, at lunch, or in the classroom with teacher permission.

HP Chromebook - All students are issued a laptop computer. Student must supply their own computer bag. Most students use a backpack that contains a laptop sleeve. Students are required to keep their computers charged and ready to use. All computer issues should be reported to the main office.

PowerSchool - Students will be given a PowerSchool username and password that will allow them to check their grades. We ask that students check their grades at least 3 times per week. If a student forgets his/her username and password he/she should request a new PowerSchool username and password in the main office. PowerSchool will be available for use after Labor Day.

Email - All students are issued an email account. Announcements are sent to students daily via email. Detention notices, Friday Night School notices, and general information notices are sent to students via email. Students are asked to check their email accounts daily.

<u>Google Classroom</u> - Google Classroom is a learning management system that is used in many of our classes. Google Classroom allows teachers to send message to students, to post homework assignments, and to hold discussions with their students.

PSAT/SAT Assessment - Students will be given the PSAT assessment during their 9th and 10th grade years and the SAT assessment during their 11th grade year. The SAT assessment is a graduation requirement for students in the state of Illinois.

FastBridge and SAEBRS Assessment - Students in grades 9-12 will be given the FastBridge Assessment 3 times per year in the areas of English and Math. This is a local assessment used to monitor student progress. Parent can call the office and request a copy of their student's assessment results. SAEBRS is an assessment use for social-emotional monitoring of students.

Announcements - Announcements are posted daily on the school website. Announcements are also sent to students via their email account. Daily announcements will be mailed home to parents via email.

Vaping- Vaping is prohibited. Students caught using or in possession of a vaping will be referred to S.T.O.P. Additionally, students will be issued a public ordinance violation by the School Resource Officer.

Bullying: Bullying is defined as the ongoing willful, conscious desire to hurt, threaten, or frighten someone. Bullying, intimidation, and harassment diminish a student's ability to learn and a school's ability to educate. Preventing students from engaging in these disruptive behaviors and providing all students equal access to a safe, non-hostile learning environment are important school goals.

Students are encouraged to immediately report bullying. A report may be made orally or in writing to the district complaint manager or any staff member with whom the student is comfortable speaking. Anyone, including staff members and parents/guardians, who has information about actual or threatened bullying is encouraged to report it to the district complaint manager or any staff member. Anonymous reports are also accepted by phone call or in writing.

See Something, Say Something: We ask that students and parents report any suspicious activity or behavior to any school personnel. Additionally, students and parents can report suspicious activity anonymously via email on the CMHS website.

<u>National Honor Society General Information:</u> The National Honor Society is an organization sponsored by the National Association of Secondary School Principals. This prestigious organization seeks to recognize students who have exemplified the qualities required for admission. These qualities, based on the four pillars of NHS, are Character, Scholarship, Leadership, and Service.

At Civic Memorial High School, being a member of the National Honor Society is both an honor and a responsibility and is never based on grades alone. However, students must meet minimum GPA requirements and core class requirements to be considered. Should you decide to pursue membership, you will have obligations to our NHS chapter. The National Honor Society elevates a school's commitment to the values of scholarship, service, leadership, and character. As such, NHS chapters and students care not only about student achievement, but also about community engagement.

Qualifying NHS courses can be found on the CMHS website at: https://mhenrichs5.wixsite.com/my-site-8



Many teens have dangerous misperceptions that lead them to believe that vaping is harmless.

Common myths

believed about vaping, along with the facts.

"It's just flavoring."

Vapes get their flavors from chemicals. While these flavorings are safe to eat in food, they're not safe to inhale. Inhaling flavor chemicals can harm your lungs.11

Want an example?

Some buttery-flavored vapes like caramel contain diacetyl and acetoin. Inhaling diacetyl has been linked to popcorn lung, a lung disease that doesn't have a cure.11

Some vapes that claim they are nicotine-free are not.8,17-22

"Nicotine

isn't that bad

for me."

"My vape says it's nicotine-free. There's no way I'll become addicted."

Vaping delivers nicotine to the brain in as little as 10 seconds. 14,15

A teen's brain is still developing, making it more vulnerable to nicotine addiction.16

"It's just

water

vapor."

Nicotine exposure during the teen years can disrupt normal brain development. It can have long-lasting effects, like increased impulsivity and mood disorders. 23-25

"Just because I vape doesn't mean I'm going to smoke cigarettes."

Research shows teens who vape are more likely to try smoking cigarettes.26

But

it's

not.

Vaping can expose the user's

lungs to harmful chemicals

like formaldehyde, diacetyl

metal particles like nickel,

tin and lead. 4,8-10,11-13

and acrolein, as well as toxic

"I don't have an

addictive personality —I won't get hooked

on vapes."

FDA's Efforts to **Curb Youth** E-Cigarette Use

FDA is committed to protecting youth from the dangers of e-cigarettes. In addition to our national peer-to-peer public education campaign called "The Real Cost," we're joining forces with Scholastic to provide teachers and school administrators with the resources they need to educate their students about e-cigarettes.

Together, we've created a free lesson plan and research activity for teachers to educate their students on the health risks of e-cigarette use. Please visit the Scholastic youth-vaping-risks site to access these resources.

Share This Information (8



Please share this infographic with other teachers and school administrators. In addition, if you'd like to learn more about e-cigarettes, check out these resources:

- » Surgeon General Fact Sheet E-cigarette use among youth and young adults
- » Parent Tip Sheet How parents can talk with their teen about vaping
- » CDC Infographic E-cigarette ads and youth infographics
- » Smokefree Teen If you know a teen who is addicted to any tobacco product, including cigarettes and e-cigarettes, there are resources to help them guit

ALL STUDENTS MUST HAVE A UNIFORM TO PARTICIPATE IN P.E.

Purchases can be made during class. Students can wear their uniform from TMS.



\$25.00 Total

\$15.00 for Shorts \$10.00 for Shirts

***Price is subject to change. ***

Athletics

Sport	Time of Year	Coach
Basketball-Boys	Winter	Lee Green
Basketball-Girls	Winter	Mike Arbuthnot
Baseball	Spring	Nick Smith
Bowling-Boys	Winter	Shane Stille
Bowling-Girls	Winter	Shane Stille
Cheerleading	Fall and Winter	Kyleigh Heflin and Jenna Daniels
Cross Country	Fall	Jacob Peal
Football	Fall	Rick Reinhart
Golf-Boys	Fall	Jay Waters
Golf-Girls	Fall	Jane Woelfel
Pazzazz	Fall, Winter, Spring	Jenny Spurgeon
Soccer-Boys	Fall	Derek Jarman
Soccer-Girls	Spring	Eric Zyung
Softball	Spring	Luke Angelo
Tennis-Boys	Spring	Margaret Welbourne
Tennis-Girls	Fall	Margaret Welbourne
Track	Spring	Jacob Peal
Volleyball	Fall	Kristie Ochs
Wrestling	Winter	Jeremy Christeson

Clubs/Activities

Organization	Sponsor	Description
Class Officers	Varies (Sponsorship information can be found in the main office)	Each class is organized and has its own officers and faculty advisors. There are no class dues. It is felt that the class, as a group, should earn money to sponsor all of its activities.
N.H.S.	Megan Henrichs	The National Honor Society is a national high school organization, sponsored by the National Association of Secondary School Principals, giving recognition to outstanding students on the basis of scholarship, leadership, service, and character. Students cannot be considered for membership until their junior year. See the sponsor for more information.
Spanish Club	Angela Wood	The Spanish Club is open to any student who is taking or has taken Spanish. The club functions to promote the understanding and appreciation of the Hispanic language and culture.
LifeSavers	Rachael Varland	LifeSavers is a peer-support crisis-prevention team approach to help teenagers cope healthfully with the challenges of drugs and alcohol, peer and family relationships, sexual issues, academic problems, aggression, anxiety, and suicide. LifeSavers is a recognized student organization in twenty-six area high schools, which have chosen to be pro-active in caring for their student population. Students who are interested will be trained in the fall.
The Eaglet	TBD	The Eaglet is CM's student news site. We are a club open to all grade levels. No journalism experience is necessary — you will learn as you go! Working for The Eaglet is a great way to be in the know about what's going on around CM. We need general reporters, sports reporters, movie reviewers, and columnists. This is an impressive activity to put on your college applications because it shows that you have real-world experience in communicating and writing! Go to www.thecmeaglet.com to see The Eaglet site.
Student Council	Jerilyn Hawkins	Student Council promotes positive morale and school spirit by promoting student participation in school functions, organizations, and activities. We also develop attitudes and practices of good citizenship, serve as a forum for the expression of student opinion, develop and encourage good leadership, develop ideas and proposals, set standards, and suggest improvements for the betterment of the school's life, interests, and activities, subject to the approval of the school administration. Our council is an open council. There are no elections. Members are required to earn a number of points each quarter as specified by the executive board to remain a member in good standing. The CMHS Student Council is very active. We meet each Thursday after school.

Clubs/Activities

Organization	Sponsor	Description
Fellowship of Christian Athletes	Jacob Peal	The Fellowship of Christian Athletes (FCA) challenges coaches and athletes on the professional, college, high school, junior high and youth levels to use the powerful medium of athletics to impact the world for Jesus Christ. FCA focuses on serving local communities by equipping, empowering and encouraging people to make a difference for Christ. FCA is student led and meets every Monday night at 6:30 in the CMHS commons.
Scholar Bowl	Bradley Phillips	Scholar Bowl is an activity that increases a student's knowledge in all subject areas through competition with other schools. Students compete either on a varsity, junior varsity, or freshman team, answering questions in math, science, literature, and language arts, social science, fine arts, and other topics.
Tri-M Music	Michaela Davis	Open to all 9 - 12 grade students currently enrolled in Band and/or Choir with a current GPA of 2.5 or higher. Our organization promotes music within CMHS, the district, and community of Bethalto. Members have performed alongside younger musicians, have mentored younger choral/band members, have initiated canned food drives, and have donated their time and services to the Hope Center. Meetings will be held once a month on Tuesday evenings starting in early September. To become accepted into the organization, students must maintain a 2.5 average Semester I, be currently enrolled in Band and / or Choir, and must complete three (3) service projects before being considered for membership. Faculty members are also asked to recommend students based upon scholastic aptitude and character.
Drama/Thespian Troupe #5176	Angie Neilson	The Drama Club and Thespians meet every month. In addition to producing a play and a musical every year, the members attend theater workshops, the Illinois High School Theater Festival, and often perform at the request of community members. Thespian membership is earned through participation and members are awarded access to theatrical events in the Metro East as well as scholarships.
Mu Alpha Theta	Brad Gruen	Mu Alpha Theta is the National High School and Two-Year College Mathematics Honor Society with over 100,000 student members in more than 2100 schools. We are dedicated to inspiring keen interest in mathematics, developing strong scholarship in the subject, and promoting the enjoyment of mathematics. To be considered for Mu Alpha Theta, a student must be a Junior or Senior with a cumulative math GPA of 3.75 or better and cannot receive a semester grade of D or F in any class.
Color Guard	Paige Mull	The "Golden Illusion" is the visual counterpart of the CMHS Marching Eagles and participates in all marching activities with the band. Members of the guard attend a one-week camp in the summer in addition to the full band camp with the wind and percussion members as well as after school rehearsals.





Pay Attention to Attendance: Keep Your Child On Track in Middle and High School

Showing up for school has a huge impact on a student's academic success starting in kindergarten and continuing through high school. Even as children grow older and more independent, families play a key role in making sure students get to school safely every day and understand why attendance is so important for success in school and on the job.

DID YOU KNOW?

- · Students should miss no more than 9 days of school each year to stay engaged, successful and on track to graduation.
- Absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other potentially serious difficulty.
- · By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- · By 9th grade, regular and high attendance is a better predictor of graduation rates than 8th grade test scores.
- · Missing 10 percent, or about 18 days, of the school year can drastically affect a student's academic success.
- · Students can be chronically absent even if they only miss a day or two every few weeks.
- · Attendance is an important life skill that will help your child graduate from college and keep a job.

WHAT YOU CAN DO

Make school attendance a priority

- Talk about the importance of showing up to school everyday, make that the expectation.
- · Help your child maintain daily routines, such as finishing homework and getting a good night's sleep.
- · Try not to schedule dental and medical appointments during the school day.
- . Don't let your child stay home unless truly sick. Complaints of headaches or stomach aches may be signs of anxiety.

Help your teen stay engaged

- Find out if your child feels engaged by his classes and feels safe from bullies and other threats. Make sure he/she is not missing class because of behavioral issues and school discipline policies. If any of these are problems, work with your school.
- Stay on top of academic progress and seek help from teachers or tutors if necessary. Make sure teachers know how to contact you.
- Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- Encourage meaningful afterschool activities, including sports and clubs.

Communicate with the school

- . Know the school's attendance policy incentives and penalities
- Talk to teachers if you notice sudden changes in behavior. These could be tied to something going on at school.
- · Check on your child's attendance to be sure absences are not piling up.
- Ask for help from school officials, afterschool programs, other parents or community agencies if you're having trouble getting your child to school.



By the end of 8th grade	By the end of 9th grade	By the end of 10th grade	By the end of 11th grade	By the end of 12th grade
A student should be supported to:	A student should be supported to:	A student should be supported to:	A student should be supported to:	By 12/31 of 12th grade, a student
attend a career exploration day. learn about the various course offerings at CMHS. complete a unit to learn about the different career clusters. learn the basics of financial literacy	take a career interest survey (Civics) review and understand the career clusters - Civics complete the PSAT-9 meet with the counselors to discuss high school and career plans. attend extracurricular night to learn about opportunities. learn about tracking extracurricular and community service for PS introduce their parent/guardian to financial planning (ISAC/LCCC)	attend the CMHS Job Fair practice for the PSAT assessment using the Horizons Learning Platform complete the PSAT-10 complete the AcuPlacer Reading test to assess dual credit/college readiness. understand college readiness based on AccuPlacer results	revisit their career interest survey adjust their post-secondary plans. practice for the SAT assessment using the Horizons Learning Platform complete the ASVAB CEP for career aptitude readiness attend a college fair visit 3 PS institutions complete the SAT participate in a survey to collect data on part-time employment, summertime employment, community service, and involvement in extracurricular activities.	completed 2 or more admissions applications to PS institutions attended a FAFSA completion night completion night completed the FAFSA completed the FAFSA student should be supported to: address any remedial needs in math/ELA If applicable, obtain an internship opportunity related to the CP. if applicable, receive industry-based
A student should know:	A student should know:	A student should know:	A student should know:	certifications(s) related to the CP
the concept of career clusters. relationship between community service/extracurricular activities and postsecondary (PS)/career goals	two career clusters for further exploration and development (Personal Choice and Survey Generated) - Civics a 3-year high school plan that looks at coursework, attendance, and grades to Ps plans Civics the importance of community service and extracurricular activities to PS and career plans, the general cost ranges of various PS options. SCD	their PSAT-9 scores their PSAT-9 scores their PSAT-9 scores the breakdown of college readiness per the AccuPlacer Reading test. Students will be able to set goals for future course requests. their individual results from the practice PSAT per the Horizons Learning Platform. different types of PS credentials and institutions the general timing of PS entrance exams and applications. benefits of early college credit opportunities (Dual Credit) to PS access and completion. SCD the different types of CP/PS assessments, including PSAT 10/ PSAT NMSQT/ AccuPlacer, SAT, and ACT	their PSAT-10 scores application deadlines, test time, cost, and preparation for industry-based certification for CP. career attributes related to career attributes related to career interests. educational requirements, cost, expected entry-level, and midpoint salary for occupations in select CP. their individual results from practice PSAT from the Horizons Learning Platform. entrance requirements, including application deadlines, for expected PS programs of study. 3-5 match schools, one safety, one reach school for PS program of study. The negative impact of remediation on PS goals. Inancial aid deadlines and learn about scholarship opportunities	select their PS option. learn about the scholarship process. understand the terms and conditions of loans. (ISAC) attend a financial aid award letter workshop (ISAC) the process of transferring dual-credit to PS institutions. The estimated cost of each PS option where and how to complete scholarships.
Legend Yellow = Career Exploration and Development Green = Post-Secondary Education Exploration, Preparation, and Selection Red = Financial Aid and Literacy	pment loration, Preparation, and Selection	Abbreviation Terminology CP - Career Path ISAC - Illinois Student Assistance Commission PS - Post Secondary SCD - School Counseling Department	ission	Testing Information AccuPlacer Grade 10 Spring ASVAB CEP Grade 11 Spring PSAT /9 PSAT 10 Grade 9 & 10 Spring PSAT/NMSQT Grade 11 Fall SAT Grade 11 Spring

Civic Memorial's School Song

C.M. High, C.M. High We sing our praises to her name.

C.M. High, C.M. High We will fight forever for her fame.

We're out to win. We won't give in. We're going to conquer, do or die.

We sing to you, with hearts so true, We sing our praises to C.M. High.

C.M. High, C.M. High We sing our praises to her name.

C.M. High, C.M. High We will fight forever for her fame.

We're out to win. We won't give in. We're going to conquer, do or die.

We sing to you, with hearts so true, We sing our praises to C.M. High.

$$E - E - E-A-G - L - L - L-E-S$$

$$E - A - G - L - E - S$$

$$EAGLES - EAGLES$$



